

Table 1. Over-the-counter and Prescription Treatments for Kids

Main Ingredient	Sample Product	Dosage Form	Special Instructions
<b>OTC Products</b>			
Lactic Acid / Ammonium Hydroxide	Lac-Hydrin Five AmLactin	Cream/Lotion Cream/Lotion	-Apply twice daily. Avoid eyes, lips, vaginal, or rectal area
Urea 5% 10% 20%	Lac-Hydrin Five <sup>a</sup> Carmol 10 Carmol 20	Lotion Lotion Cream	Apply twice daily Apply as needed Apply 1-2 times daily, or as directed
Petrolatum 41%  White Petrolatum 100% 99.8%	Aquaphor Eucerin <sup>a</sup> Parent's Choice Vaseline	Ointment Cream Jelly Jelly	-Apply to clean skin as often as necessary. -Can apply to diaper rash after skin has been allowed to dry
Hydrocortisone	Cortizone-10	Cream/Lotion/ Ointment	-May apply 2-4 times a day. Do not apply to open, broken skin or face
Dimethicone 1.2% 1.25% 2.5%  5%	Aveeno Baby Daily Moisture Aveeno Daily Moisturizing Aveeno Skin Relief  Gold Bond Body Lotion	Lotion Lotion Lotion  Lotion	-Apply as Needed -Apply as Needed -Dimethicone 2.5% = for ages 2 years and older, apply as needed not more than 3-4 times a day -Dimethicone 5% = for ages 2 years and other, apply freely to affected area up to 3-4 times a day
Lanolin 15.5% / Petrolatum 53.4%	A&D Ointment	Ointment	Apply as needed
<b>Rx Products</b>			
Pimecrolimus	Elidel <sup>®</sup>	Cream	-Approved for children 2 years old and older. Apply twice daily, using smallest amount. Avoid eyes, nose, mouth, open or broken skin. Wash hands prior to and after applying. Apply and gently rub into skin. Do not need to place bandages over area to cover.
Lactic Acid/ Ammonium Hydroxide	Lac-Hydrin	Cream/Lotion	-Apply twice daily. Avoid eyes, lips, vaginal, or rectal area.

<sup>a</sup> Fragrance-free

Other Products contain many natural ingredients that may help with dry skin, such as:

- Baby Magic
- Aveeno Baby Soothing Relief Moisture Cream
- Johnson's Body Care
- Olay
- Lubriderm
- Curel
- Nivea
- St. Ives
- Jergens

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